**Original Release Date:** November 1, 2018  
**Expiration Date:** November 1, 2021

**Target Audience:**

This interprofessional educational activity is designed for physicians, nurse practitioners, physician assistants, nurses, and other health care professionals interested in Cardiovascular disease, Endocrinology, Family Medicine, Gastroenterology, General Internal Medicine, Infectious disease, Pediatrics, Pulmonary disease, Rheumatology, and Hospital medicine.

**Learning Objective:**

After completing each activity installment, clinicians are expected to:

Apply the information and advice delivered in practice to improve the outcomes of their patients with chronic diseases.

**Accreditation**

Oakstone Publishing, LLC is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Oakstone Publishing, LLC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME.

**Designation**

Oakstone Publishing, LLC designates this enduring material for a maximum of .25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Contact Hours: .25

This activity is also eligible for up to .25 credit hours in Category 2-B of the Continuing Education Program of the American Osteopathic Association.

Successful completion of this CME activity enables the participant to earn up to .25 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.
If you would like to earn ABIM MOC Points along with the AMA PRA Category 1 Credits™, you will be required to provide your ABIM ID # and your Date of Birth. Oakstone will report your participant data and points earned, to the ABIM via the ACCME PARS website monthly.

**Method of Participation**

Review the written material, listen to the audio, complete the activity evaluation and score 100% on the required post-test question to assess the knowledge gained from reviewing the activity. Once you click Submit on the post-test, you will receive immediate feedback on your score. Questions should be answered based on the information presented in the activity.

To obtain credit, the post-test must be successfully completed by the expiration date.

Each *Evidence and Advice* article should take about 15 minutes to review.

**Disclaimer**

The opinions and recommendations expressed by faculty and other experts whose input is included in this program are their own. This enduring material is produced for educational purposes only. Please review the complete prescribing information of specific drugs or combination of drugs, including indications, contraindications, warnings and adverse effects before administering pharmacologic therapy to patients.

**Faculty Affiliations and Disclosures**

Oakstone Publishing, LLC has assessed conflict of interest with its faculty, authors, editors, and any individuals who were in a position to control the content of this CME activity. Any identified relevant conflicts of interest were resolved for fair balance and scientific objectivity of studies utilized in this activity. Oakstone Publishing’s planners, content reviewers, and editorial staff disclose no relevant commercial interests.

Author/Editor: Andrea Gundlach, PharmD reports no relationships with a commercial interest

**Prentiss Taylor, MD, FACP**

Internist and Preventive Medicine Physician
Advocate Healthcare
Downers Grove, IL

*Reports no relationships with a commercial interest*